



# Living Well With Arthritis

## Resources for Newly Diagnosed

### Session #6: Sharing Your Story

This resource sheet provides valuable tools to help you share your story when and how you want.

#### Additional Resources:

##### Who To Tell Tips

Learn tips on how to best determine who to tell your story and how much to share.

[Check It Out](#)

##### Sharing Your Arthritis Diagnosis

See how other people have chosen to tell their story.

[Read It Here](#)

##### Share Your Story and Amplify Your Message

Your unique story puts a human face on a complex disease

[Share Here](#)

##### Become An Arthritis Ambassador

Use your experience to advocate and raise awareness.

[Learn More Here](#)

##### Volunteer with the Arthritis Foundation

Explore the many ways you can engage with the Arthritis Foundation.

[Explore Here](#)

##### Join A Connect Group

Find support and understanding from peers. Join the conversation today.

[Join Today](#)